

A STUDY ON THE KNOWLEDGE OF FOOD BORN DISEASES AND HYGEINE PRACTICE IN HOME KITCHEN HANDLERS

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Abstract

Background: Food borne illness cases may occur due to improperly prepared or mishandled food, unhygienic sanitation and cleaning practice at home by home kitchen handlers. Improper practices and lack of knowledge by kitchen handlers are contributing factor for the spread of food borne outbreaks. Diseases spread through food still remain a common and persistent problems resulting in appreciable morbidity and occasional mortality. Kitchen handlers play an important role in ensuring food safety through the chain of production, processing, storage and preparation. The importance of safe food handling is to teach everyone mainly those handling kitchen how they can help to prevent contaminants from getting onto the food.

Objective: The purpose of this study was to explore the knowledge and practice of female of Faridabad city who are dealing with home kitchen every day.

Methodology: A cross -sectional study among 100 participants according to their profession (working or non working) were selected randomly and interviewed using self administered questionnaire.

Result: It shows that mean percentage score for the good knowledge of hygiene was 98% and 72 % participants were follow the hygiene practice. Knowledge practice scores was significantly different by the level of education and for hygienic practice a significantly difference was observed between working and non working kitchen handlers.

Conclusion: Knowledge and practice among kitchen handlers was significantly higher in the non working women than the working women.

Keywords: Hygiene, food born diseases, Kitchen, knowledge, Attitude, practice.